

# Low Vision



Do you suffer from  
**Macular Degeneration**  
**Diabetic Retinopathy**  
**Glaucoma?**

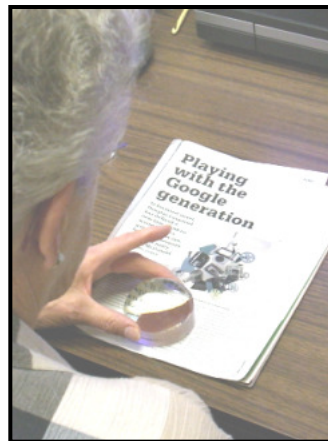
**Low Vision Care may be able to help you.**

## What is Low Vision?

Having Low Vision basically means being visually impaired and it usually refers to a visual condition that cannot be corrected by conventional eyeglasses or contact lenses. A variety of disorders that affect the eye (many age-related) can cause an individual to become visually impaired and these include: **Macular Degeneration, Diabetic Retinopathy, Glaucoma and Retinitis Pigmentosa.**

## Is Low Vision common?

Yes! Having Low Vision is actually the third most commonly occurring physical impairment in those over 65, exceeded only by heart disease and arthritis. Many who are visually impaired have found help with their vision problem through Low Vision Care.



## What is Low Vision Care?

Low Vision Care is the evaluation and management by eyecare professionals of those who are visually impaired.

The goal of the care is to help those with low vision to overcome the handicapping effects of their visual impairment. Based on individual lifestyle needs, solutions will be sought to help each patient achieve their visual goals. This may include the recommendation of products known as Low Vision Aids.



Evaluations will take place in our comfortable, private Low Vision Center

## What are Low Vision Aids?

Low Vision Aids are special lens systems designed to magnify or illuminate images to improve visual acuity

Vision Aids may take the form of optical products such as magnifiers, telescopes, high-powered spectacles, absorptive filters or electronic devices.

In addition, there are a number of non-optical Vision Aids and these include large-print reading materials, writing and signature guides, and computer enlarging programs among others.



### **What can I expect from the Low Vision Care I receive?**

Typically, Low Vision Care is an ongoing service in which eye care professionals work with the visually impaired over time to meet their visual goals. An initial Low Vision evaluation may take approximately one hour. Staff will question you on your visual needs, counsel on proper lighting, proper use of aids and recommend the appropriate low vision aid. Family members are encouraged to come along for the evaluation.

One thing that should be kept in mind is that Low Vision Care will not restore lost sight. Instead, this Care assists the visually impaired maximize their remaining functional vision.

### **How much will it cost?**

A regular eye exam will be the first step. Eye exams start at \$69.00. When a low vision evaluation is recommended by your doctor, an appointment will be booked for another day. The evaluation fee is \$45.00.

The Vision Aids that may be recommended vary in cost. Most of our low vision aids are supplied by Eschenbach, the world leader in low vision aids and are of the highest quality.



### **How do I get started?**

Contact our office to schedule a regular eye exam. If you have had a recent exam, a Low Vision Evaluation may be booked. Please bring any eyeglasses, magnifiers or other products that you are currently using. Also bring along reading material, crafts or hobbies you wish help in seeing better. These will greatly assist our staff in putting together a management plan just for you!

# **Primary Eye Care Centre**

**52 High St. W.  
Moose Jaw, Sask  
S6H 7K8  
306-693-8584**



***Our staff has been specially trained to assist you in finding the appropriate solutions for your unique visual needs!***

