

PRIMARY EYE CARE CENTRE

WHAT'S NEW

LET OUR DIGITAL CAMERA AND COMPUTER HELP YOU

WHAT'S NEW IN CONTACTS? ASK WENDY OUR CONTACT LENS TECHNISSION

LASER SURGERY OF INTEREST TO YOU. LET US KNOW AND WE CAN HELP YOU UNDERSTAND THE

NEW FOR KIDBRATZ, BATMAN AND SPI-

NEW FOR ADULTS PRADA FRAMES

COME CHECK OUT OUR DISPENSARY FOR THE LATEST MEN AND WOMEN STYLES.

Enter to Win

Check out Primary Eye Care Centre's great web site and enter to win.

Go to our online store and enter your e-mail address and have a chance to win a \$100.00 gift card from Temple Gardens Mineral Spa

www.pecc@sk.ca

BEFORE YOU SEE THE OPTOMETRIST

Your appointment at Primary Eye Care Centre starts at reception.

Assistants will greet you upon your arrival. They gather information and have you fill out a Welcome form which includes your medical history.

All information is confidential. It is used to help doctors and staff serve you better. If your glasses were not purchased here, an assistant will verify them (check the prescription) so the doctor knows exactly what you are wearing.

Next you will be asked to have a seat or you are welcome to browse in the dispensary.

Soon an assistant will take you for pre-testing.

The information you have given us will determine which pre-tests you require.

First will be RK. All patients will require this test. This instrument will take measurements of the curvature of each eye.

Secondly, if required, will be tonometry. (See article below

for explanation.)

A third test called FDT may also be indicated. This test will check your peripheral vision.

This stage of your exam is over. You will be seated in the inner core and your Optometrist will see you shortly.



TONOMETRY MADE SIMPLE

Tonometry measures the pressure inside your eye.

Why is it done?

-As part of a routine eye exam to screen for intraocular pressure which increases your risk for glaucoma.

-To monitor treatment for glaucoma.

How is it done?

-You rest your chin on a padded support and stare straight into the examining instrument at a bright light. A brief puff of air will be blown at your eye. You will hear a puffing sound and feel a coolness or mild pressure on your eye.

- The Tonometer estimates the intraocular pressure from the change in the light reflected off the cornea as it is indented by the puff of air. This procedure may be done several times on each eye.

